



lightpatrol.ca



Light Patrol is an outreach program of Youth Unlimited (Toronto YFC) that responds to the needs of Toronto's homeless and street-involved youth. Since 2001, Light Patrol has been assisting and guiding these vulnerable young people and helping them transition away from the destructive elements of street life.

Light Patrol meets the immediate needs of youth living on the streets through a mobile outreach ministry.

Light Patrol will continue to meet the street youths' needs in this way, while focusing on meeting their transitional needs as well.

Light Patrol is launching the Youth Transition Program to assist street-involved youth who are ready to make changes in their lives, take new steps to fulfill their full life potential, and by investing in their whole person development.

A coach will be paired with a youth. A coaching relationship encourages, challenges, and helps the youth in making positive changes.

**MAKE A DIFFERENCE**

If you donate to Light Patrol's Transition program, 100% of your donation will go to supporting a street youth breaking free from street-involved life.

You can sponsor on-line at [lightpatrol.ca](http://lightpatrol.ca) and specify **Light Patrol Youth Transition** in the Instructions field or make cheques payable to **Youth Unlimited** with **Light Patrol Youth Transition** in the Memo field.

If interested in a potential coaching relationship, please contact [lightpatrol@youthunlimitedgta.com](mailto:lightpatrol@youthunlimitedgta.com)

**YOUTH  
TRANSITION  
PROGRAM**

**LIGHT  
PATROL**

a program of  (Toronto YFC)

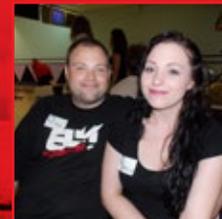
**YOUTH UNLIMITED**

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416.383.1477 [www.youthunlimitedgta.com](http://www.youthunlimitedgta.com)

Youth Unlimited (Toronto YFC) is a faith-based non-profit agency, serving youth in the Greater Toronto Area.

Charitable Registration No. 14081 3502 RR0001

201309



**BECOME A COACH TODAY**

# FOR YOUTH READY TO TAKE A **NEW STEP**, **BREAK FREE** FROM STREET-INVOLVED LIFE, AND **ACHIEVE THEIR GOALS**

## OUR BELIEF

All young people in the GTA would have the opportunity to know the peace of having a home and a place of belonging within a supportive Christian community.

## OUR MISSION

To assist street involved individuals fulfill their full life potential by investing in their whole person development.

## QUOTES

*“Light Patrol is like one big family. There needs to be more organisations like Light Patrol, on the streets of Toronto.”*

~ Susanne Link, FORMER STREET-INVOLVED YOUTH\*

*“In my recent experiences coaching young people, including a former street-involved youth, I find it a real blessing. To be able to spend time with a young and eager mind, to be able to listen to their dreams and struggles and reflect back to them their gifts and opportunities, is life-giving for both participants. I find God working in every encounter.”*

~ Steve Prime, CURRENT COACH

## STATISTICS

*“All of the youth who participated in qualitative interviews identified the central importance of supportive relationships in becoming mentally healthy and strong.”*

~ Youth Homelessness in Canada, 2013



**THE GOAL OF THE YOUTH TRANSITION PROGRAM** is for street-involved youth to fulfill their full life potential by investing in their whole person development. This will be done through a supportive relationship with a coach, in which the coach and youth will work together to identify and prioritize the needs of the youth.

# MOVING IN A **POSITIVE** DIRECTION

THESE **NEEDS** MAY INCLUDE:

## RESIDENCY

Stable housing is essential. Coaches will accompany youth in their housing search and help them fill out housing applications. They will also help them to understand their rights and obligations as applicants and tenants and provide them with skills development training to help them maintain housing. Coaches will also assist youth in moving into a new place and connecting them with their new community.

## PERSONAL DEVELOPMENT

Recognizing the need to always grow and develop the self, coaches will assist youth in areas of their life that they want to develop. Coaches will be flexible to the youth's unique strengths, weaknesses, and needs. Focus will be placed on developing the strengths of the youth. Coaches will act as a support for the youth when faced with challenges. Examples could include: legal assistance dealing with past or current legal concerns, obtaining identification that is necessary to integrate into the community, or establishing a healthy hobby or activity.

## LIFE SKILLS

Youth will be offered and encouraged to take advantage of community resources in order to build essential life skills. A wide range of workshops and activities can be arranged, such as: finances, cooking, nutrition, child care, laundering, etc.

## SPIRITUAL CARE

Coaches will assist youth in exploring the spiritual dimension of life, “treating everyone with grace and respect, offering trust and hope and providing a helping hand regardless of race, faith or culture”. Coaches will work to connect them with a local church community, where possible, as well as provide support in following Christ.

## FAMILY

Exploring concerns and coping techniques for dealing with current family relationship status, establish expectations/hopes for family relationships, discuss methods of conflict resolution within family relationships, brainstorm ways to reconnect/rehabilitate family relationships.



## POSITIVE RELATIONSHIP DEVELOPMENT

As a member of the coaching program, youth will be expected to make an effort to invest in a stable and positive community environment. Coaches will work to help youth connect to a community that supports and serves as a positive influence in the youth's life. Examples of this could include getting involved in a church or other community or building relationships with other youth in the coaching program. Youth will also express their relational concerns and work on coping techniques for personal relationships, including boundaries, expectations and conflict resolution.

## MENTAL AND HEALTH SUPPORTS

Youth will receive help from their coaches in finding the appropriate mental and health services for them, if needed.

## WORK, TRAINING AND EDUCATION

Youth will establish their work, education, and volunteering goals and coaches will explore different opportunities for youth to reach those goals. Coaches will help youth to identify their interests, abilities, and potential.

## WORKSHOPS

Youth will have the opportunity to get involved and participate in many different workshops. Workshops are aimed to help youth learn skills, express themselves, have fun, and grow. Workshops may include: art, writing, sewing, cooking, and many others. If youth are passionate about a particular activity, coaches will encourage them to host a workshop to share it with other youth.

